

Monday	Tuesday	Wednesday	Thursday	Friday
4/30/18	5/1/18	5/2/18	5/3/18	5/4/18
Meatball Sub On a wg Bun or Chicken Nuggets with Whole Grain Roll	Toasted Cheese Sandwich or Nachos Grande Tortilla Chips	Ribby Sandwich On a wg Roll or Mac and Cheese with Whole Grain Roll	Corn Dog with Whole Grain Roll or Chicken Patty On a wg Bun	Sausage Egg and Cheese On a wg Biscuit or Cheesy Pizza
Featured Veggies: Curley Fries Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Refried Beans Tomato Soup Choice of Fruit Choice of Milk	Featured Veggies: Stewed Tomatoes Cole Slaw Choice of Fruit Choice of Milk	Featured Veggies: Italian Salad Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Red Pepper Strips Green Beans Choice of Fruit Choice of Milk
Weekly Featured Wrap Turkey and Cheese				
5/7/18	5/8/18	5/9/18	5/10/18	5/11/18
Chicken Patty On a wg Bun or Ravioli with Whole Grain Roll	Hot Dog On a wg Bun or Nachos Grande Tortilla Chips	Cheese Burger On a wg Bun or Chicken Nuggets with Whole Grain Roll	Corn Dog with Whole Grain Roll or Popcorn Chicken Gen Tso with Whole Grain Rice	Pierogies or Cheesy Pizza
Featured Veggies: Green Peas Red Pepper Strips Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Oven Fries Fresh Cucumber Slices Choice of Fruit Choice of Milk	Featured Veggies: Steamed Broccoli Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Carrot Sticks Green Beans Choice of Fruit Choice of Milk
Weekly Featured Wrap Chicken Bacon Ranch				
5/14/18	5/15/18	5/16/18	5/17/18	5/18/18
Mac and Cheese with Whole Grain Roll or French Toast Sticks With Sausage Pattie	Chicken Nuggets with Whole Grain Roll or Nacho Grande Tortilla Chips	Hot Ham and Cheese On a Pretzel Roll or Cheese Pizza Sticks	Chicken Patty On a wg Bun or Ziti & Meatballs with Whole Grain Roll	Cheese Burger On a wg Roll or Hot Dog On a wg Bun
Featured Veggies: Stewed Tomatoes Fresh Broccoli Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Curley Fries Choice of Fruit Choice of Milk	Featured Veggies: Fresh Broccoli Carrot Sticks Choice of Fruit Choice of Milk	Featured Veggies: Cucumber Slices Mashed Potatoes Choice of Fruit Choice of Milk	Featured Veggies: Red Pepper Strips Oven Fries Choice of Fruit Choice of Milk
Weekly Featured Wrap Ham and Cheese w/ lettuce and tomato				
5/21/18	5/22/18	5/23/18	5/24/18	5/25/18
Toasted Cheese Sandwich or Chicken Nuggets with Whole Grain Roll	Hot Dog On a wg Bun or Nachos Grande Tortilla Chips	Chicken Patty On a wg Bun or Chicken Alfredo Over Penne	Meatball Sub On a wg Bun or Cheesy Pizza	No School
Featured Veggies: Tomato Soup Tater Tots Choice of Fruit Choice of Milk	Featured Veggies: Baked Beans Italian Salad Choice of Fruit Choice of Milk	Featured Veggies: Red Pepper Strips Mashed Potatoes Choice of Fruit Choice of Milk	Featured Veggies: Red Pepper Strips Fresh Broccoli Choice of Fruit Choice of Milk	
Weekly Featured Turkey Bacon Cheddar				
5/28/18	5/29/18	5/30/18	5/31/18	6/1/18
No School	Nachos Grande Tortilla Chips or Chef's Choice	Chicken Nuggets with Whole Grain Roll or Chef's Choice	Cheesy Pizza or Chef's Choice	Early Dismissal
	Featured Veggies: Baked Beans Italian Salad Choice of Fruit Choice of Milk	Featured Veggies: Red Pepper Strips Steamed Corn Choice of Fruit Choice of Milk	Featured Veggies: Carrot Sticks Green Beans Choice of Fruit Choice of Milk	

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:

- Dark Green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy White - potatoes, corn, peas and lima beans
- Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Leave Your Lunch at Home

- Daily entrée options may include:
- Garden Salad with Whole Wheat Roll
 - Ham & Cheese Sandwich



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Student Paid Lunch \$2.75 Student Reduced Lunch \$0.40 Adult Lunch \$3.75